

Training Information

All players are to bring their own labelled water bottles for training sessions.
In warm weather we recommend sunscreen and hats.

Training nights for junior teams:

U 9's: Friday Nights: Starts 3rd March 5-6pm.

Coach: Graeme Teesdale: 0400 536 250

U11's: Pre-season: Thursday's - Starts 9th February 5-6pm.

Normal season: Wednesday's & Friday's from 22nd March 5-6pm.

Coach: Shane Webster: 0417 351 819

U13's: Pre-season: Tuesday's & Thursday's 5.30-7pm.

Normal season: Wednesday's & Friday's (coach to advise date).

Coaches: Brett Madigan: 0412 437 558 & Brett McNaughton: 0413 450 751

U15's: Pre-season: Starts Monday's & Wednesday's from 13th February 5.30-6.30pm.

Normal season: Wednesday's & Friday's (coach to advise date).

Coach: Deanel Osman: 0416 313 966

U17's: Pre-season: Monday, Wednesday & Friday Nights from 1st February (Coach to advise times).

Normal season: Wednesday's & Friday's (coach to advise date & times).

Coach: Rick Caffari: 0488 902 999

Youth Girls: Wednesday and Friday Nights- (Coach to advise date & times).

Coach: Geoff Nicholl: 0417 362 775

AusKick: Friday Nights: Starts 21st April 5-6pm.

Coordinator: Robbie Rutley: 0422 593 634

As part of their overall development, we encourage players to attend all training sessions.

***SEASON 2017 COMMENCES april**

Matches & Fixtures

Matches are played on Sundays - (Junior teams Under 9's through to Under 17's)

Youth Girls - (Time/Day TBA by the EDFL)

Starting times are as follows: Under 9's – 8.30am, Under 11's - 9.45am Under 13's – 11.00am,
Under 15's – 12.30pm, Under 17's – 2.15pm – (unless otherwise advised)

The junior fixtures are expected to be released in late March; these will be available for download and viewing on the EDFL website.

Family Meal/Awards Nights

Meal/award nights are held every fortnight on a Friday after junior training. Alternate weeks, hot food/snacks will now be available to purchase from the canteen.

We offer a range of affordable meals on these nights. Junior Players are presented with encouragement awards on these nights.


We invite and encourage all players and family to attend regular meal/awards nights held at our club rooms. Your Coach and Team managers will notify you when these are to be held.

Mouth guards

Our Club advises all players must wear a mouth guard during matches.

Medical professionals recommend children participating in contact sport wear them. As children gain their "adult teeth" the protection of them from harm becomes more important.

Our preferred mouth guard supplier is:
The Mouthguard Man.



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SINGLE COLOUR

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Paul Damiano **0409 880 663**
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The Mouthguard Man will be here on : **FRIDAY 24TH MARCH**
PAYMENT REQUIRED ON ORDER **4.30 – 6.00**

Medical Conditions

Please complete the attached athlete medical profile form prior to season commencement.

We recommend you discuss with your child coach if there are any medical conditions you feel they need to be informed of. **All players are encouraged to have Ambulance Insurance- (ambulance transport is not a free service).**

2017 Registration

- All New players to the EKFC are required to register with the Essendon District Football League (EDFL), by filling in the EDFL registration form supplied by the club and returning it to your team manager.
- New and Existing players to complete the EKFC Registration form attached. (The forms can also be found on our website under "Our Club"-Membership.)
- It is important to advise you of the (EDFL's) requirement that every player, (every season) must register with **Sporting Pulse**. This must be done online. You could save time by following the link below and registering your child with the EDFL before club registration day. For existing players if you are having problems registering on this link, please check with your team manager/coach as they may have registered you already for 2017.

<https://req.sportingpulse.com/v6/regofrm.cgi?aID=5490&pKey=c07348079995f71d63579123ea83009d&cID=13947&formID=36056>

Club Fees - (Please refer to registration form attached)

Player Fees are **due 28th April 2017**. If you have not paid by this date, you child will not be able to play matches on game day. If you are experiencing financial difficulty please discuss payment plan options with out President (Geoff Nicholl) or Vice President (John Edgar).